

# Updating obesity surveillance using the NCCOR Catalogue

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# Background

- Minnesota Obesity Plan implemented in 2008
- Obesity Plan Epidemiologist position open from 2009 to 2010
- Started in June 2010 – hit the ground running!

# My charge

- Evaluate the Minnesota Obesity Plan surveillance system to date
- Implement changes to surveillance indicators based on findings
- Accommodate new state health initiative in system!

# The new normal

- In 2009 Minnesota started a series of interventions designed to prevent obesity “upstream”
- My surveillance recommendations must include “non-traditional” data

# State Health Improvement Program (SHIP)

- SHIP implemented one year after Obesity Plan
- Surveillance – measure changes at the local level
- Surveillance data sources that address:
  - Obesity
  - Physical Activity
  - Nutrition

Where to look?!

# NCCOR Catalogue: a unique source

- Catalogue offers data sources at national, state and community level
- Filtering allows focus on key areas
- Comparison feature provides for assessment of key similarities and differences

WOW!

# Example: Physical activity

- Check

- √ Physical activity

- √ State

- √ School age children

- Compare: BRFSS, NSAF, NSCH, and SHPPS

- NSCH and SHPPS data have potential

# National Survey of Children's Health (NSCH)

- State profile for Minnesota
  - Breastfeeding
  - Screen time
  - Neighborhood amenities
- Next steps are to evaluate sources for these data points

# School Health Policies and Practices Study (SHPPS)

- State Report Card for Minnesota
  - Physical Education and Activity
  - Nutrition Services
- Next steps are to compare the data provided to state initiatives

Questions?

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